Shavuos Recognizing the Imperative to be an Ameil BaTorah

ashi at the beginning of Parashas Bechukosai speaks about the chashivus of *ameilus baTorah*, "toiling in Torah," What does ameilus baTorah mean?

For men, it means working hard to overcome the yetzer hara not to learn, pushing oneself to learn even when you don't want to learn, when you "don't have the head for it." It means going to a *shiur* or to your *chavrusa* and getting there on time, even though you're tired. It means staying up during a shiur. It also demands that we learn with excitement and simchah, because we know that it will bring us incredible reward and ultimate satisfaction.

For the women, it means working a little harder to free up their husbands to get to that shiur or seder a bit earlier, after he has relaxed a bit at the end of his long day at the office. (If the husband is wasting his time, there is no great mitzvah to work hard to allow him to free more time.) It is crucial that the nashim tzidkanios remember that the learning of their husbands and sons is a key to their Olam Haba.

There are a number of very important m'koros/sources on this subject, and they

point out a surprising advantage enjoyed by the ameil baTorah. No one can avoid some measure of *yissurim* (sufferings), but one can choose how he will experience them. People have "X" amount of *yissurim* coming to them (lo aleinu), "X" amount of inconveniences, "X" amount of what we call pains, trials and tribulations of daily life - all of which have been decreed from Rosh Hashanah, However. if you put your effort into the ameilus of Torah, you will experience those inconveniences and (hopefully) minor pains for the sake of Torah and not for something empty.

Pain Yourself Over Torah... **Not Other Things**

The first source is a Yalkut in Tehillim. "Rav Shimon bar Yochai says that Hashem gave three good gifts (matanos tovos) to Klal Yisrael, and all of them were only given through vissurim." The three matanos tovos are Torah, Eretz Yisrael and Olam Haba.

The *Yalkut* then provides some examples: not being able to sleep due to worry, a headache or an eye-ache. Everybody experiences minor aches, pains, inconveniences,

disruptions... whatever you want to call the distractions we encounter in everyday life. Nevertheless, the Yalkut says, a person can experience them because of mundane things or more exalted things. He can experience sleeplessness, headaches and eye aches due to material worries and pressure, or from sweating over a *sugyah*. (This does not mean that those who toil in Torah will be spared from all of the above. However, Chazal are teaching us that much of what was decreed can be discharged through ameilus baTorah and sacrifice for its study.)

The end of the *pasuk* quoted in the *Yalkut* says that if your yissurim come through talmud Torah, ashrecha, "happy are you!" You were votzei the vissurim that were decreed through *talmud Torah!*

Toil - For What?

Rabbi Yosef Viener

The Gemara in Sanhedrin speaks about this concept as well. The pasuk states that everybody is born l'ameilus, "To toil." Adam l'ameil yulad. That means that we're here not to have a good time, not to relax—but for ameilus.

The Gemara says that although we are all

born for *ameilus*, it is not decreed what type of ameilus. Is it an ameilus of the "mouth" or "physical labor?"

What is *ameilus* of the mouth? There are people that spend the days of their lives talking, making an avodah out of it. They are professional shmoozers. The Gemara says that once a person is busy talking and the mouth is moving, he might as well use that ameilus to talk in learning.

The body, too, is fated to ameilus. All bodies are made to work hard. If so, the Gemara says, ashrei ish, "happy is the person" who is zocheh to work hard in learning.

Note that this is not only for someone learning in *kollel*. It is also for someone who works hard all day. He comes back home at night and rightfully feels that he deserves a break. After dinner and a bit of relaxation, there is family time. Now... the fateful decision to decide what n 5772 | 35 to do with the rest of the evening.... Chazal say in a number of places that nights are created for learning. And if he thinks that by relaxing he's going to end up relaxing more. *Chazal* tell him that he is fooling himself.

Can you Escape the IRS?

A third *makor* is found in *Pirkei Avos*: "Ray Nechunya ben Hakaneh says that whoever accepts upon himself the yoke of Torah will have removed from him the yoke of government and the yoke of derech eretz (parnassah issues)."

Now, a person might think that the simple meaning is that if a person has a zechus in learning, he will not have problems with the IRS. The explanation, however, goes much deeper. There is a certain amount of aggravation coming to you from the yokes of government and derech eretz, and if you take upon yourself the yoke of Torah you will not have this aggravation. You can't avoid aggravation, but the question is does it come from the IRS, work—or your *ameilus* in Torah?

The Gemara tells the story of Rabbi Akiva. We all know Rabbi Akiva was moser nefesh for Torah. The Romans issued many decrees against the Jews, including prohibiting teaching Torah publicly. Pappas ben Yehudah was a *chaver* of Rabbi Akiva and one day he saw Rabbi Akiva delivering a public *shiur*, apparently without any fear of the Romans.

"Aren't you afraid?" he asked.

That's when Rabbi Akiva told him the famous mashal about the fox that saw fish swimming to avoid the fisherman's net. The fox said to one of them, "What's the rush?

> Come out of the water next to me on dry land where it is safe."

> > "You're supposed to be smart?" the fish responded. "If we're afraid in the water, how much more so if we leave the water!"

Here, too, Rabbi Akiva told his friend Pappas ben Yehudah, "Torah is our life. If we are in danger with it, how much more so without it!"

The Romans eventually caught Rabbi Akiva and put him jail. One day, the door opened and they threw another person in and lo and behold, it was his chaver, Pappas ben Yehudah!

He was the last person one would think would be there. He was on good terms with the Romans. Yet, here he was sitting in jail with Rabbi Akiva.

"What are you doing here?" Rabbi Akiva asked him.

"Ashrecha, happy are you, Rabbi Akiva. At least you were moser nefesh for learning. I'm here for *d'varim b'teilim*, empty things."

It was decreed on the previous Rosh Hashanah that both Rabbi Akiva and Pappas ben Yehudah would sit in jail. Yet, Rabbi Akiva fulfilled this decree through his selfsacrifice in learning and harbatzas haTorah.

We have to realize how lucky we are. From a safety perspective, most Yidden do not have to display too much mesirus nefesh to come to a shiur. We don't have to sneak past any KGB agents. The police are not stopping us, asking for ID. We don't even have to walk five miles. All we have to do is get into our air-conditioned car and come into the air-conditioned Beis Medrash....

True mesirus nefesh is learning even though your vetzer hara has a hundred other things to do.

Learning Lishmah

One should try to learn Torah lishmah simply because it is the greatest mitzvah we can perform (Talmud Torah k'neged kulam). However, to motivate ourselves we should bear in mind that the effort put in will be richly rewarded in Olam Haba, and save us much trouble - as well as bring us much simchas hachaim - in Olam Hazeh.

Genuine kabbalas haTorah is recognizing the beauty and reward of Torah, while accepting its yoke and challenges as well.



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